



St Barnabas Cray

"Come and See: Following the Lamb of God"

Weekly Devotional Journey

Monday - Behold, the Lamb of God

Morning Devotion

Today's Verse

The next day John saw Jesus coming towards him and said,
'Look, the Lamb of God, who takes away the sin of the world!'
(John 1:29 NIV)

Devotional Thought

John the Baptist's declaration rings across the centuries with stunning clarity: 'Behold, the Lamb of God!' In the Temple, two lambs were sacrificed daily, but here stands the ultimate sacrifice. Jesus, the sacrificial lamb sent by His Father, would take the world's sin upon His shoulders—our sin. This wasn't merely another religious teacher approaching; this was God's answer to humanity's deepest need. John recognised that all the ceremonial sacrifices pointed to this moment, this Person. Christ would take their place forever. What profound love that God would provide the sacrifice Himself!

Reflection Question

How does understanding Jesus as the Lamb of God change your perspective on His love for you personally?

From Sunday's Sermon

"Every day in the Temple in Jerusalem 2 lambs, a year old were sacrificed on the altar... John proclaimed that Christ, the sacrificial lamb would take their place."

Today's Application

Take time today to reflect on a specific sin or burden you're carrying. Consciously place it at the foot of the cross, remembering that Jesus, the Lamb of God, has already taken it away. Let this truth bring you peace and freedom from guilt.

Morning Prayer

Heavenly Father, thank You for providing Jesus as the Lamb of God who takes away my sin. Help me to fully grasp the magnitude of this sacrifice and live in the freedom it brings. May I never take this precious gift for granted. In Jesus' name, Amen.

Evening Devotion

The Power of Testimony

Evening Reflection

John didn't keep his revelation to himself—he testified boldly: 'I have seen and I testify that this is the Son of God!' His words carried weight because they came from personal encounter with the divine. Like John, we too have witnessed God's work in our lives. Our testimony, however simple, carries the same power to point others towards Jesus. The question isn't whether we're eloquent enough, but whether we're willing to share what we've seen and experienced of God's goodness.

Evening Reflection

What has God done in your life that you could share as testimony to others?

Evening Prayer

Lord Jesus, give me courage like John the Baptist to testify about what You've done in my life. Help me to be bold in sharing Your goodness with those around me, that they too might come to know You. Amen.

Tuesday - Baptised with the Holy Spirit

Morning Devotion

Today's Verse

I baptise you with water for repentance. But after me comes one who is more powerful than I, whose sandals I am not worthy to carry. He will baptise you with the Holy Spirit and fire. (Matthew 3:11 NIV)

Devotional Thought

John's baptism was preparatory—a washing away of sins with water. But Jesus offers something far greater: baptism with the Holy Spirit and fire. This isn't merely symbolic cleansing but actual transformation from within. The Holy Spirit brings power from on high, changing hearts and empowering believers for service. When we witness baptisms today, we're seeing this beautiful truth enacted—people receiving not just forgiveness, but the very presence of God dwelling within them. This is the difference Christ makes: not just cleaning the outside, but transforming the inside.

Reflection Question

How have you experienced the Holy Spirit's power and presence in your life since becoming a believer?

From Sunday's Sermon

"John's baptised to wash away sins, baptism from Jesus would send the Holy Spirit on all believers, they would be filled with power from on high."

Today's Application

Ask the Holy Spirit to fill you afresh today. Identify one area of your life where you need His power and guidance, and consciously invite Him to work in that situation.

Morning Prayer

Holy Spirit, I invite You to fill me anew today. Thank You that through Jesus, I have access to Your power and presence. Work in my heart, transform my mind, and use me for Your glory. Amen.

Evening Devotion

Preparing the Way

Evening Reflection

John understood his role perfectly: he was the herald, the one who prepared the way for Jesus. His mission was to point people towards the Messiah, not to build his own following. 'He must become greater; I must become less,' John declared. This is the heart of true ministry and discipleship—deflecting attention from ourselves to Jesus. We too are called to be pointers, preparing hearts around us to encounter Christ through our words, actions, and love.

Evening Reflection

In what ways can you 'prepare the way' for others to encounter Jesus in your daily interactions?

Evening Prayer

Father, help me to have John's heart—always pointing others to Jesus rather than seeking attention for myself. Use me to prepare the way for others to meet You. Amen.

Wednesday - What Are You Looking For?

Morning Devotion

Today's Verse

Turning round, Jesus saw them following and asked, 'What do you want?' They said, 'Rabbi' (which means 'Teacher'), 'where are you staying?' (John 1:38 NIV)

Devotional Thought

Jesus' question cuts straight to the heart: 'What are you looking for?' He asked it then, and He asks it now. Simply following isn't enough—Jesus wants to know our motivation, our heart's true desire. Are we seeking healing, peace, forgiveness, direction, or perhaps just meaning in life? The disciples wanted to learn from Him, to be where He was. Jesus welcomed them because their hearts were genuinely seeking. Today, as then, Jesus wants to know what draws us to Him. Our honest answer opens the door to deeper relationship.

Reflection Question

If Jesus asked you today, 'What are you looking for?' what would your honest answer be?

From Sunday's Sermon

"Jesus wanted to know why they were following him as just following him was/is not enough. When he knew they wanted to learn from him and knew he was their Rabbi, their teacher, Jesus welcomed them."

Today's Application

Spend time in prayer honestly telling Jesus what you're seeking from Him right now. Be specific about your needs, desires, and longings. Listen for His response.

Morning Prayer

Lord Jesus, You know my heart better than I do. I'm seeking Your peace, Your guidance, and Your presence in my life. Help me to be honest about my needs and to trust in Your perfect provision. Amen.

Evening Devotion

The Invitation to Come

Evening Reflection

Jesus' response to seeking hearts is always the same: 'Come and see.' This isn't just an invitation to observe from a distance, but to join Him on the journey of faith. He invites us into relationship, into experience, into transformation. 'Come and see' means come and discover for yourself who I am. It's an invitation that requires response—we must choose to accept or decline. Those who come discover that following Jesus is indeed the beginning, not the end, of the greatest adventure.

Evening Reflection

How are you responding to Jesus' ongoing invitation to 'come and see' in your life?

Evening Prayer

Jesus, thank You for Your constant invitation to come closer, to see more, to experience Your love more deeply. Help me to respond with an eager heart, ready for whatever You want to show me. Amen.

Thursday - Sharing the Good News

Morning Devotion

Today's Verse

The first thing Andrew did was to find his brother Simon and tell him, 'We have found the Messiah' (that is, the Christ). (John 1:41 NIV)

Devotional Thought

Andrew couldn't contain his excitement. The first thing—not the second or third, but the very first thing—he did was find his brother Simon and share the incredible news. 'We have found the Messiah!' Andrew's enthusiasm was infectious because his encounter with Jesus was real. He didn't wait until he had all the answers or felt qualified to evangelise. He simply shared what he had discovered. This is the natural response to genuine encounter with Christ—we want others to experience the same joy, the same hope, the same transformation we've found.

Reflection Question

Who is the first person you think of when you consider sharing the good news of Jesus?

From Sunday's Sermon

"Andrew invited his brother to meet Jesus, he shared the good news."

Today's Application

Like Andrew, identify someone close to you who needs to hear about Jesus. Pray for them today and look for a natural opportunity to share what Jesus means to you.

Morning Prayer

Father, give me Andrew's heart for sharing the good news. Help me to be bold yet loving in telling others about Jesus. Bring to mind those who need to hear, and give me the right words and timing. Amen.

Evening Devotion

Hearts Made for God

Evening Reflection

St. Augustine's words ring true across the centuries: 'You made us for yourself, Lord, and our hearts are restless until they rest in you.' Even Generation Z, with all their distractions and technology, are seeking meaning, seeking something real. This restlessness isn't a flaw—it's a feature. God designed us with a God-shaped void that only He can fill. When we understand this, we can better reach out to those around us who are searching, knowing that their seeking hearts are actually responding to God's call.

Evening Reflection

How can you help others recognise that their restlessness might actually be God calling them to Himself?

Evening Prayer

Lord, help me to recognise the seeking hearts around me. Give me wisdom to point them towards You as the source of true meaning and peace. Use my life as a testimony to Your goodness. Amen.

Friday - The Journey of Following

Morning Devotion

Today's Verse

When the two disciples heard him say this, they followed Jesus.
(John 1:37 NIV)

Devotional Thought

Following Jesus isn't a destination—it's a journey. Those first disciples knew enough to leave everything and follow, but they didn't know everything about where the path would lead. They simply responded to the call. The same is true for us today. We don't need to have all the answers before we begin following; we just need to take the first step. Jesus reveals Himself progressively as we walk with Him. Each day brings new opportunities to surrender more, to trust deeper, to love better. The journey of faith is one of continuous discovery and growing intimacy with our Saviour.

Reflection Question

What is Jesus asking you to surrender or trust Him with as you continue following Him?

From Sunday's Sermon

"Finding Jesus isn't the end, but the beginning, of the journey... Those first disciples, Andrew, John and Simon knew enough to leave everything and follow Jesus."

Today's Application

Identify one area of your life where you've been hesitant to fully follow Jesus. Take a concrete step today to surrender that area to His lordship.

Morning Prayer

Lord Jesus, I choose to follow You not just in word but in deed. Help me to surrender all areas of my life to Your loving control. Lead me on this journey of faith, and help me trust You even when I can't see the full path ahead. Amen.

Evening Devotion

Seeking Eternity

Evening Reflection

Ultimately, we are all seeking the same thing—eternity, to abide with the Lord forever, safe in His love. This longing for permanence, for security, for unconditional love isn't wishful thinking—it's the echo of eternity that God has placed in our hearts. When we follow Jesus, we're not just changing our earthly circumstances; we're securing our eternal destiny. We're finding our way home to the One who loves us with an everlasting love, whose plans for us extend far beyond this temporal world into the glorious forever.

Evening Reflection

How does the promise of eternity with Jesus influence your daily choices and priorities?

Evening Prayer

Heavenly Father, thank You for the promise of eternity with You. Help me to live each day with this eternal perspective, making choices that honour You and draw others into Your kingdom. May I know more deeply the love of Christ that surpasses knowledge. Amen.